

2012 Portland Row for the Cure Entry Packet

To Benefit the Oregon & SW Washington Affiliate of
Susan G. Komen for the Cure®

For Rowers and Paddlers
September 30, 2012
Willamette River in Portland, Oregon

Hosted by Station L Rowing Club and Portland Boathouse



National Sponsors



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September 30, 2012 Row for the Cure Registration Information

Distance: 5000 meters for rowers, 2500 meter course for paddlers.

Location: Downtown Portland's Eastbank Esplanade, launching from the Portland boathouse at 1515 SE Water Ave., located at the east end of the Hawthorne Bridge. On site parking only for cartop boats and trailers.

Schedule: Due to congestion on the Willamette River in downtown Portland, boats (except Dragon Boats) cannot be used twice. **Participants may only race once - no hot-seating allowed including coxswains.** Racing will begin with the first flight of dragon boats at 8:30am, rowing events at 9:00am, the second flight of dragon boats and all small boat paddlers at 9:45am. Races will begin every minute or so. Order of events is in this packet, and on the registration form at [Regattacentral.com](http://www.regattacentral.com). An updated schedule will be emailed to club contacts and non-affiliated participants the week of the race, after the entry window closes.

Course Map: Course map is available on the event page at <http://www.regattacentral.com> and on the Station L Rowing Club website, <http://www.stationrowingclub.com> on the Row for the Cure® page. Course is the same as the past several years. Start line is just north of the Hawthorne Bridge.

Packet Pick up: 5:30pm-7pm Saturday, September 29th at the Portland Boathouse, or after 6am on race day, same location. Completed waivers are required to pick up packet.

Mandatory Pre-race meeting: 7:00am, September 30th, Station L bay of the Portland Boathouse, 1515 SE Water Ave. Coaches, coxswains, callers, tillers, scullers and small boat paddlers should attend.

Parking: Please send an e-mail to rowfortheurepdx@yahoo.com if you intend to bring a boat trailer and when you expect to arrive. There is ample free street parking for participant and volunteer cars within five blocks of the Portland Boathouse. Security will be provided for trailers and boats beginning at 6:00pm, Saturday, September 29th.

USRowing Information:

- Row for the Cure is a *USRowing* registered and insured regatta.
- *USRowing Rules of Rowing* will apply and *USRowing* officials will officiate.

Waivers: The *USRowing/Komen* waiver form is included in this packet for reprinting or available for download on our RegattaCentral page or available at www.stationrowingclub.com on the Row for the Cure® page. Mail waivers in or drop off when picking up your packet on race day. Our mailing address is: Row for the Cure, PO Box 337, Portland, OR 97207-0337.

- **USRowing waiver:** Non-*USRowing* members may race, but must fill out and sign a *USRowing/Komen* waiver. *USRowing* members with waivers on file still need to sign the waiver because of the joint support for the event.

Equipment rental: Contact local clubs or universities if you wish to rent rowing shells. Station L will not be able to rent equipment for the regatta. Those who wish to rent kayaks or canoes should contact Alder Creek at the Portland Boathouse, at <http://www.aldercreek.com>.

Contacts:

- For questions about entries, categories, schedule, course layout, e-mail race director Peter Edwards at pdxpje@comcast.net
- The latest entry information, news, and schedules will be posted on our news page on <http://www.regattacentral.com>.
- For questions about fundraising, breast cancer survivor participation, or media access, email PORTLAND@RowForTheCure.com .
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- For general information about Row for the Cure throughout the USA, check the National Row for the Cure site, <http://www.rowfortheure.com/>

Fundraising

Businesses are welcome to sponsor team boats or clubs. All participants are encouraged to set an individual fund raising goal of \$150, the cost of a mammogram.

- The *Ed Offchiss Memorial Trophy* will be awarded to the team that brings the most donations to the regatta.
- There is a special prize for the person who brings in the largest single contribution over \$500.

There are two easy ways to donate online

1. go to: www.regattacentral.com or
2. the Row for the Cure Portland page, www.rowfortheure.com/portland/.

A separate fundraising packet is available on the Portland page of the Row for the Cure web site. Donations to Row for the Cure are tax deductible to the extent allowed by law. Pledge checks should be made payable to Susan G Komen for the Cure. All pledged funds will go to the Oregon and SW Washington Affiliate of Susan G. Komen for the Cure®. 75% will support local programs and 25% will be sent to the grant program for cutting edge research which is managed by the national office of Susan G. Komen for the Cure®.

Donation checks may be turned in on race day or mailed after the event to Row for the Cure, PO Box 337, Portland, OR 97207-0337.

Mailing address for waivers, donations and pledges**Row for the Cure****PO Box 337****Portland, OR 97207-0337**

Rowing Specific Entry Information

Entry Deadline and Fees: Rowing entries must be submitted online and paid by midnight September 25th, at www.regattacentral.com. Entry fees are \$25 per person, including coxes. No late or day of race entries.

All entry fees remaining after regatta expenses are donated to the Oregon and SW Washington Affiliate of Susan G. Komen for the Cure®. All entrants receive special commemorative items.

Racing Categories: See event list on RegattaCentral for details. Events with only one entry will be combined with another event. One race per participant. **All high school rowers** are limited to the “junior” category, to avoid violations of NCAA regulations. High school coxswains may cox masters races.

Definitions: “Masters” Rowers aged 21 and over, but crew must average 27+
“Novice” New to rowing since Spring 2012.
“Open/College” Open to any rowers except those still in high school.

The coxswain weigh in rule will be suspended for this regatta.

Novice Masters should enter the M, W and Mixed Open Novice Events

Regatta Central Registration Instructions Summary

1. Go to <http://www.regattacentral.com>
2. Click on “New User” link to create your FREE user account [or log in as existing user]
3. Click on “add a regatta to my calendar”. Add the September 30th Portland Row for the Cure.
4. Start adding entries to your selected events. Birthdates are only necessary for participants in masters rowing races.
5. Include USRowing #'s if participants are members.
6. Regatta Central will total your fees for you. Pay by credit card.
7. Be sure to have all participants fill out a USRowing/Komen waiver form (included in this packet). Mail in or turn in when you pick up your race packet. USRowing members must still sign the USRowing/Komen waiver because of the joint sponsorship.

Please contact the race organizers if you or any boat members are breast cancer survivors:

PORTLAND@RowForTheCure.com

Paddler Specific Entry Information

Mandatory Pre-race meeting: 7:00am, September 30th, Station L bay of the Portland Boathouse, 1515 SE Water Ave. The meeting gives details for the start, finish and the course.

Online Entry and Payment

To enter and pay online, go to www.regattacentral.com and click on “Regattas” in the heading. Go to Sept. 30th and click on “Portland – Row for the Cure”. Once you select the regatta, you can register and pay via credit card. All events can register online.

All team paddling boats [3+ people] should register online via RegattaCentral. Deadline for online entries is Monday September 24 at midnight.

Day of Race Registration

Day of Race Registration is ONLY available for 1 or 2 person paddling events and payment ONLY with cash or check. To register, go to the Station L bay of the Portland boathouse, 1515 SE Water Ave. at either of the following times:

- 5:30pm-7:00pm Saturday Sept 29
- 6:00am-8:00am on Sunday Sept. 30

All entry fees after regatta expenses are donated to the Oregon and SW Washington Affiliate of Susan G. Komen for the Cure[®]. All entrants receive special commemorative items.

Kayak Classifications

- For general recreational kayakers, enter the Sea Kayak events # 60, 61 or 62.
- For competitive kayakers, the *Sound Rowers Kayak Classifications* are used for the HPK, FSK and SK. Enter your appropriate events.

Dragon Boat Flights

If you need to be in the second flight of Dragon boat Events #1, #2, and #3, send an e-mail to Peter Edwards pdxpje@comcast.net. The second flight will be at 9:45am.

Kayak Pods

If a group of individual kayakers wishes to paddle together in a non-competitive manner over the course, they can register as a “Pod”. The Pod leader should register as an individual for race # 61 or 62. Pod members can pay their \$25 entry fee and turn in their waiver on race day.

Other Paddling Events:

For events not listed above, such as outrigger canoes with 6 or 8 people, or canoes with 3 or more participants, please email pdxpje@comcast.net for instructions on how to enter.

***Please contact race organizers if you or any boat members are breast cancer survivors:
PORTLAND@RowForTheCure.com***

Portland Row for the Cure Event List 2012

Rowing Events

Mens: 8+, 4+, 4x, 2-, 2x, 1x in masters, open and junior

Mixed: 8+, 4+, 4x, 2x in masters, open and junior

Womens: 8+, 4+, 4x, 2-, 2x, 1x in masters, open and junior

Paddling Events

Dragon Boat: Men's, Women's, Mixed

Outrigger Canoe: 1x, 2x or 6x, Men, Women and Mixed

Kayak: 1x or 2x, in various classifications—see notes above

Canoe—Recreational 2x

Release of Liability

IN CONSIDERATION of being given the opportunity to participate in any USRowing activity, including scheduled, supervised club activities, and registered regattas, during the policy term 12/31/11 – 12/31/12, I, for myself, my personal representatives, assigns, heirs, and next of kin.

1. I ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. I FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, parnd death (“Risks”); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. I AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of USRowing and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. I HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, not withstanding, shall continue in full force and effect.

5. I, the undersigned participant, for myself and for my heirs, executors, legal representative, successors and assigns, hereby waive all claims and/or course of action, including negligence, against Susan G. Komen for the Cure®, the Oregon and SW Washington Affiliate of Susan G. Komen for the Cure®, and all of their officers, directors, employees and agents, arising out of or in any way connected with my participation in the Row for the Cure®. “Participation” includes, but is not limited to, travel to and from the event as well as all activities encompassing said event.



Printed Name of Participant:

USRowing # _____

Date of Birth: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Date: _____

Participant’s Signature: _____

Organization: _____

PARENTAL CONSENT

(if participant is under the age of 18).

AND I, the minor’s parent and/or legal guardian, understand the nature of rowing activities and the minor’s experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor’s account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor’s behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian:

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date: _____

Parent/Guardian Signature (only if participant is under the age of 18):
